

HOLY TRINITY ORTHODOX CHURCH

Parish Newsletter

RESTON

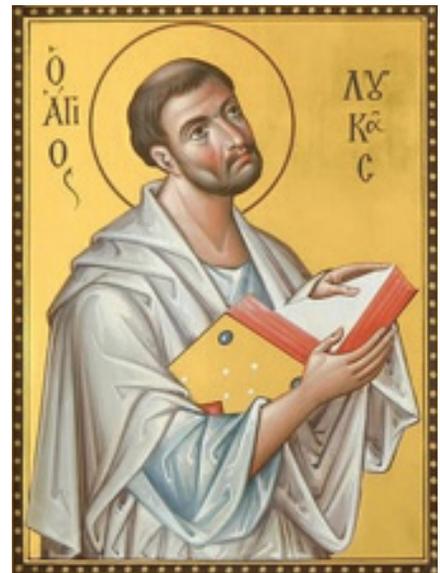
New Parish Center: 20937 Ashburn Rd., #110, Ashburn, VA 7 November 2020

7th Week of Luke
Twenty-second Sunday after Pentecost—Tone V

READING FROM THE BOOK OF LAMENTATIONS.

(Lament over the fall of Jerusalem in 587 B.C.)

How lonely she is now, the once crowded city!
Widowed is she who was mistress over nations;
The princess among the provinces
has been made a toiling slave.
Bitterly she weeps at night, tears upon her cheeks,
With not one to console her of all her dear ones;
Her friends have all betrayed her
and become her enemies.
Judah has fled into exile from oppression
and cruel slavery;
Yet where she lives among the nations
she finds no place to rest:
All her persecutors come upon her
where she is narrowly confined.
The roads to Sion mourn
for lack of pilgrims going to her feasts;
All her gateways are deserted, her priests groan,
Her virgins sigh; she is in bitter grief.
Her foes are uppermost, her enemies are at ease;
The LORD has punished her for her many sins.
Her little ones have gone away,
captive before the foe.
Gone from daughter Sion is all her glory:
Her princes, like rams that find no pasture,
Have gone off without strength
before their captors.
Jerusalem is mindful of the days
of her wretched homelessness,
When her people fell into enemy hands,
and she had no one to help her;
When her foes gloated over her,
laughed at her ruin.
Through the sin of which she is guilty,
Jerusalem is defiled;



EVANGELIST LUKE

New ikon in a pre-iconoclast style
by the famous Russian ikonographer
Fr. Zenón.

All who esteemed her think her vile
now that they see her nakedness;
She herself groans and turns away.
Her filth is on her skirt;
she gave no thought how she would end.
Astounding is her downfall,
with no one to console her.
Look, O LORD, upon her misery,
for the enemy has triumphed!

PROKIMENON

Reader: The prokimenon of the fifth tone: **You, O Lord, shall protect us and preserve us * from this generation and forever.** [v.7 OCA]

PSALM 11

NOTE: A prayer for help against the deceit and pride of the wicked, even as God's promises fill one with confidence.

Help us, Lord! The good have vanished! Loyalty has disappeared from mankind! ²They do nothing but lie, one to another, deceit on their lips, duplicity in their hearts!...

⁵Because the needy are oppressed, and the poor cry out in misery, I will rise, says the Lord; I will grant salvation to those who long for it.

⁶The Lord's words are without alloy, natural silver, from the very earth, seven times refined. ⁷**You, O Lord, shall protect us and preserve us from this generation and forever.**

⁸On all sides the wicked prowl about; treachery is highly prized among the sons of men!

Reader: You, O Lord, shall protect us and preserve us! People: From this generation and forever.

READING FROM PAUL'S EPISTLE TO THE GALATIANS.

BRETHREN: ^{6:1} Even if a person is caught in some transgression, you who are spiritual should correct that one in a gentle spirit, looking to yourself, so that you also may not be tempted. ² Bear one another's burdens, and so you will fulfill the law of Christ. ³ For if anyone thinks he is something when he is nothing, he is deluding himself. ⁴ Each one must examine his own work, and then he will have reason to boast with regard to himself alone, and not with regard to someone else; ⁵ for each will bear his own load. ⁶ One who is being instructed in the word should share all good things with his instructor. ⁷ Make no mistake: God is not mocked, for a person will reap only what he sows, ⁸ because the one who sows for his flesh will reap corruption from the flesh, but the one who sows for the spirit will reap eternal life from the spirit. ⁹ Let us not grow tired of doing good, for in due time we shall reap our harvest, if we do not give up. ¹⁰ So then, while we have the opportunity, let us do good to all, but especially to those who belong to the family of the faith.

ALLELUIA

PSALM 88 [NS]

NOTE: God's covenant with David is fulfilled in Christ.

³I made a covenant with my chosen one; I gave my word to David, my servant: ⁴I will set up your line to last forever; I will confirm your throne to last longer than time itself.

⁵In the heavens they praise this promise of yours, O Lord, this faithfulness of yours, where your holy ones gather....

¹⁹Once, long ago, you spoke in a vision; to one devoted to you, you said this: Rather than a warrior, I made a youth king;...

²⁰I found my servant David, and with my holy oil I anointed him.

²¹My hand shall make him strong; my arm shall give him courage....²⁴My faithfulness and steadfast love shall stay with him, and in my name shall he find victory....

²⁶He shall cry out to me: You are my father, my God, my rock of deliverance! ²⁷For my part, I will make him my firstborn, the overlord of earthly kings.

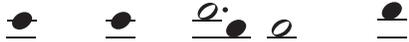
²⁸I will maintain my favor toward him forever; and my covenant with him I shall never break.

READING FROM THE HOLY GOSPEL ACCORDING TO LUKE.

AT THAT TIME: ^{8:41} A man named Jairus, an official of the synagogue, came forward. He fell at the feet of Jesus and begged him to come to his house, ⁴²because he had an only daughter, about twelve years old, and she was dying. As he went, the crowds almost crushed him. ⁴³ And a woman afflicted with hemorrhages for twelve years, who (had spent her whole livelihood on doctors and) was unable to be cured by anyone, ⁴⁴ came up behind him and touched the tassel on his cloak. Immediately her bleeding stopped. ⁴⁵ Jesus then asked, "Who touched me?" While all were denying it, Peter said, "Master, the crowds are pushing and pressing in upon you." ⁴⁶ But Jesus said, "Someone has touched me; for I know that power has gone out from me." ⁴⁷ When the woman realized that she had not escaped notice, she came forward trembling. Falling down before him, she explained in the presence of all the people why she had touched him and how she had been healed immediately. ⁴⁸ He said to her, "Daughter, your faith has saved you; go in peace." ⁴⁹ While he was still speaking, someone from the synagogue official's house arrived and said, "Your daughter is dead; do not trouble the teacher any longer." ⁵⁰ On hearing this, Jesus answered him, "Do not be afraid; just have faith and she will be saved." ⁵¹ When he arrived at the house he allowed no one to enter with him except Peter and John and James, and the child's father and mother. ⁵² All were weeping and mourning for her, when he said, "Do not weep any longer, for she is not dead, but sleeping." ⁵³ And they ridiculed him, because they knew that she was dead. ⁵⁴ But he took her by the hand and called to her, "Child, arise!" ⁵⁵ Her breath returned and she immediately arose. He then directed that she should be given something to eat. ⁵⁶ Her parents were astounded, and he instructed them to tell no one what had happened.

TROPARION

Kievan Chant

RE 
Praise and wor-ship * let us give the

Word of God, * coeternal with the

Father and the Spi--rit. * For us he

came, incarnate of a vir--gin, * to die

upon the tree of shame, * that he

might raise those long dead, * by

rising from the grave in dazzling

splen---dor.

KONDAKION

Kievan Chant

RE 
You descended into hell, O Saviour, *

and as Lord and Master * you shat-

tered its gates and raised the dead. *

You removed the fatal venom from

the sting of death, * and liberated

Adam from the ancient curse. * For

this we implore you: * in your love

for all mankind, O Lord, save us!

THE ÉKTENY or FERVENT PRAYER

(Ancient Penitential Litany and Prayer)

Let us all say with our whole soul,
and with our whole mind let us say:
Lord, have mercy.

O Lord almighty! O God of our fathers!
We pray you. Hear us and have mercy.

Have mercy on us, O God,
according to your great mercy!

We pray you. Hear us and have mercy.

Again we pray:

- For devout and Orthodox Christians.
- For our Archbishop Tikhon.
- For all who have asked for our prayers: we pray for mercy, life, peace, health, salvation, visitation, pardon, and remission of their sins.
- For Orthodox Christians who are made to suffer on account of Christ, and we pray for those who persecute them.
- For Orthodox Christians and indeed all men who are victims of war and civil strife [and terror], of hunger and want, of intolerance and injustice.
- For physicians, nurses, care-givers, and all serving those infected with the virus; and for the thousands who have succumbed to the disease—and for all who will die today.

PRAYER OF THE ÉKTENY

Lord our God, accept this fervent prayer from your servants, and have mercy on us according to the greatness of your mercy. Send down your compassionate help upon us and upon all your people awaiting the rich mercy that comes from you.

For you are God, merciful and loving to man, and we render glory to you—to the Father and to the Son and to the Holy Spirit: now and ever, and unto ages of ages. Amen.

**RESTORING THE HOLY EUCHARIST
TO OUR COMMUNITY**

**Saturday, November 7—Vespers with the
Divine Liturgy at 5:00 p.m.**

**Sunday, November 8—A Rite of Holy Commu-
nion**

- **at 20-minute intervals**
 - **beginning at 10:00 a.m.**
- for parishioners who wish to participate.**

Please sign up for a time slot:

10:00 _____

10:20 _____

10:40 _____

11:00 *taken*

11:20 _____

11:40 _____

12:00 _____

BECAUSE THERE IS CONCERN with the length of such gatherings, we will make every effort to keep the length of the service to one hour. (This is what Father George is doing in St. Nicholas.) Our space is well ventilated, and that is good. Everyone will wear a mask and “socially distance”—chairs are placed 6 feet apart (with blue markers on the floor), with a couple of doubles for two from the same household. (In total there are 20 places.) Everyone will have to sign in, and we have the ability to take temperatures, if that proves necessary. Anyone feeling ill will have to stay home.

I prefer Vespers with the Divine Liturgy at 5:00 p.m. Saturday evenings for the simple reason that it promises to benefit the greatest number of parishioners. Any number of parishioners have told me I will not see them until there is a vaccine—being able to come to Communion separately may overcome this. We’ll see. The alternative will be Divine Liturgy on Sunday morning; no Vespers Saturday evening.

Your comments/suggestions are welcome. Nothing is written in stone.



We can extend times if necessary.

The idea is to give opportunity to parishioners—individuals and households—who are hesitant about gathering together during the pandemic.

The Orthodox Church in America
Archdiocese of Washington
The Most Blessed Tikhon, Archbishop of Washington

November 3, 2020

To the Clergy of the Archdiocese of Washington,

Christ is in our midst!

I hope this letter finds you, your families, and your parishes doing well.

As you know the number of CoVID cases have been rising significantly across the country. Fortunately, thanks to the very careful way in which you have been gradually opening your parishes and to a variety of external factors, we have not had any significant outbreaks in our parishes. We pray that continues.

At the same time, we need to guard against getting too comfortable with the situation and succumbing to CoVID fatigue. So I want to urge you to please make sure that your parish is fully following its approved guidelines: e.g. only attend if you are feeling well, not potentially exposed, temperature checks, social distancing and masks. It is important that you also re-emphasize that no one should feel pressured to come to Church and everyone should be extra vigilant in their personal activities during the week if they want to come to church

If you have any questions, you should contact our Chancellor, Fr. John Vitko.

Assuring you of my continual prayers and with Love in the Lord,

A handwritten signature in black ink, consisting of a cross symbol followed by a stylized cursive name, likely 'Tikhon'.

+TIKHON
Archbishop of Washington
Metropolitan of All America and Canada

cc: Archpriest John Vitko, Chancellor
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