

# HOLY TRINITY ORTHODOX CHURCH

## Parish Newsletter

RESTON

New Parish Center: 20937 Ashburn Rd., #110, Ashburn, VA 1 August 2020

Readings for the Eighth Sunday after Pentecost—Tone VII

### READING FROM THE THIRD BOOK OF KINGS:

<sup>19,9,11-13</sup>At the Mountain of God, Horeb, Elijah came to a cave in which he took shelter. Then the word of the Lord came to him saying, “What are you doing here, Elijah?”... Then he was told, “Go out and stand on the mountain before the Lord.” Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave..

### PROKIMENON

**Reader:** The prokimenon of the seventh tone: **The Lord shall give strength to his people. \* The Lord shall bless his people with peace. [v.11 OCA] .**

### PSALM 28

**NOTE:** After an invocation to praise the Lord, this striking psalm describes a magnificent theophany, the revelation of God’s majesty in a tremendous thunderstorm, and ends with a message of hope for the people. (Psalm 28 is also the Alleluia psalm for Theophany.)

Give the Lord, O you spirit powers, give the Lord glory and praise! <sup>2</sup>Give the Lord the glory of his name! Bow down to the Lord in the splendor of his holiness!

<sup>3</sup>The Lord’s voice resounds upon the waters; the God of glory thunders, the Lord, on the immense vastness of the waters! <sup>4</sup>The Lord’s voice, full of power, the Lord’s voice, full of splendor!... <sup>7</sup>The Lord’s voice—like flashing flames of fire!

<sup>8</sup>The Lord’s voice shakes the wilderness; the Lord shakes the wilderness of Kadesh. <sup>9</sup>The Lord’s voice rends the oak trees; it strips the forest bare. In his temple, they all cry: Glory!

<sup>10</sup>The Lord sits enthroned above the floodwaters; the Lord sits enthroned as king forever! <sup>11</sup>**The Lord shall give strength to his people. The Lord shall bless his people with peace.**

**Reader:** The Lord shall give strength to his people.

**People:** The Lord shall bless his people with peace.

### READING FROM PAUL’S EPISTLE TO THE CORINTHIANS.

**BRETHREN:** <sup>1,10-18</sup>I urge you, in the name of our Lord Jesus Christ, that all of you agree in what you say, and that there be no divisions among you, but that you be united in the same mind and in the same purpose. <sup>11</sup>For it has been reported to me about you, my brethren, by Chloe’s people, that there are rivalries among you. <sup>12</sup>I mean that each of you is saying, “I belong to Paul,” or “I belong to Apollos,” or “I belong to Kephas,” or “I belong to Christ.” <sup>13</sup>Is Christ divided? Was Paul crucified for you? Or were you baptized in the name of Paul? <sup>14</sup>I give thanks to God that I baptized none of you except Crispus and Gaius, <sup>15</sup>so that no one can say you were baptized in my name. <sup>16</sup>(I baptized the household of Stephanas also; beyond that I do not know whether I baptized anyone else.) <sup>17</sup>For Christ did not send me to baptize but to preach the gospel, and not with the wisdom of human eloquence, so that the cross of Christ might not be emptied of its meaning. <sup>18</sup>The message of the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

## ALLELUIA

### [B] PSALM 68

NOTE: A messianic psalm: the exemplary suffering of an innocent man who relies on God for deliverance bespeaks the messiah-Christ; "the waters" is a common metaphor in psalms for affliction. "With Psalm 22, this prayer is most frequently quoted in the New Testament in relation to Christ's suffering," and "eminently applicable to the Son of Man." (*Jerome Biblical Commentary*)

Save me, O God, for the waters have risen to my neck! <sup>21</sup>I am sinking into the mire, and there is nothing to hold on to. Into deep waters have I fallen, and the rushing current is sweeping me away.....

<sup>7</sup>It is for you that I put up with insults, that shame covers my face,... <sup>9</sup>For the zeal of your house consumes me, and insults aimed at you fall on me!...

<sup>14</sup>Rescue me from this morass! Let me not be sucked in! Let me escape my foe; let me not be caught by the deep!... <sup>16</sup>Answer, Lord! In your loving mercy, in your great tenderness, look at me!

<sup>17</sup>Do not hide your face from your servant! Hear me quickly, for I am distressed! <sup>18</sup>Attend to my soul and deliver it; from my foe deliver it!

<sup>19</sup>You see how they abuse me; disgraced and shamed, I stand before you. <sup>20</sup>Scorn has broken my heart; I have reached the end of my strength.

In vain I waited for one to share my sorrow, for someone to comfort me, but there was none. <sup>21</sup>For food they gave me poison; in my thirst they gave me vinegar to drink....




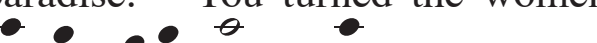



<sup>30</sup>I shall praise God's name with a song; I shall exalt him with thanksgiving! <sup>31</sup>That will please the Lord.... <sup>32</sup>When they see it, the poor will jump for joy. You who seek God, your hearts will live forever!...

## READING FROM THE HOLY GOSPEL ACCORDING TO MATTHEW:

AT THAT TIME: <sup>14.22-34</sup> Jesus made the disciples get into the boat and precede him to the other side, while he dismissed the crowds. <sup>23</sup> After doing so, he went up on the mountain by himself to pray. When it was evening he was there alone. <sup>24</sup> Meanwhile the boat, already a few miles offshore, was being tossed about by the waves, for the wind was against it. <sup>25</sup> During the fourth watch of the night, he came toward them, walking on the sea. <sup>26</sup> When the disciples saw him walking on the sea they were terrified. "It is a ghost," they said, and they cried out in fear. <sup>27</sup> At once Jesus spoke to them, "Take courage, it is I; do not be afraid." <sup>28</sup> Peter said to him in reply, "Lord, if it is you, command me to come to you on the water." <sup>29</sup> He said, "Come." Peter got out of the boat and began to walk on the water toward Jesus. <sup>30</sup> But when he saw how strong the wind was he became frightened; and, beginning to sink, he cried out, "Lord, save me!" <sup>31</sup> Immediately Jesus stretched out his hand and caught him, and said to him, "O you of little faith, why did you doubt?" <sup>32</sup> After they got into the boat, the wind died down. <sup>33</sup> **Those who were in the boat bowed down low before him**, saying, "Truly, you are the Son of God." <sup>34</sup> After making the crossing, they came to land at Gennesaret.




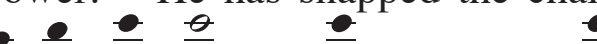

## TROPARION

*Lesser Znamenny Chant*

MI   
By your Cross you shattered Death,  
  
O Lord; \* to the thief you opened  
  
paradise. \* You turned the women's  
  
sorrow into joy, \* and you sent your  
  
friends to tell the news: \* For you  
  
rose from death, O Lord, \* granting  
  
your Great Mercy to all the world.

## KONDAKION

*Lesser Znamenny Chant*

MI   
No more can Death detain man-  
  
kind; \* Christ has put an end to all its  
  
power: \* He has snapped the chains  
  
of its captives, \* raising them from  
  
death to eternal life.

## THE ÉKTENY or FERVENT PRAYER

*(Ancient Penitential Litany and Prayer)*

Let us all say with our whole soul,  
and with our whole mind let us say:  
Lord, have mercy.

O Lord almighty! O God of our fathers!  
We pray you. Hear us and have mercy.

Have mercy on us, O God,  
according to your great mercy!

We pray you. Hear us and have mercy.

Again we pray:

For devout and Orthodox Christians.

For our Archbishop Tikhon.

For Emilia's daughter, and for all who have asked for our  
prayers: we pray for mercy, life, peace, health, salvation,  
visitation, pardon, and remission of their sins.

For Orthodox Christians who are made to suffer on account  
of Christ, and we pray for those who persecute them.

For Orthodox Christians and indeed all men who are  
victims of war and civil strife [and terror], of hunger and  
want, of intolerance and injustice.

For physicians, nurses, care-givers, and all serving those  
infected with the virus; and for the thousands who have  
succumbed to the disease—and for all who will die today.

## PRAYER OF THE ÉKTENY

Lord our God, accept this fervent prayer from your  
Lservants, and have mercy on us according to the  
greatness of your mercy. Send down your compassionate  
help upon us and upon all your people awaiting the rich  
mercy that comes from you.

For you are God, merciful and loving to man, and we  
render glory to you—to the Father and to the Son and to the  
Holy Spirit: now and ever, and unto ages of ages. Amen.